



Cynllun Gweithredu – Cyfeillion Bwyd



SDP?	Target	<u>Food Buddies Action Plan 2022/2023</u> Action	Lead Person	Evaluation (Impact)
	Encourage healthy eating	<ul style="list-style-type: none"> Token bags out at breaktimes for children eating healthy snack daily (treat day Friday) Join eat them to defeat them, offering healthy food for the week and children trying new foods 	Rota – timetables – All food buddies	
	Promote the lunchtime menu	<ul style="list-style-type: none"> Children to create an iMovie, to promote school dinners. All food buddies to be split into groups to cover all 3 weeks menus. Send out to parents on seesaw. Stickers to be given to children who have finished all their lunch, having clean plates 	TG - All food buddies	
	Encourage school lunch numbers	<ul style="list-style-type: none"> Sticker from the cook on the bottom of their plates between Monday to Thursday to win a prize. Themed lunches termly, decided by the children of the school. Competition to be handed out, winner will have their plated for lunch to the whole school. 	School cook – TG – All food buddies	
	Cooking events	<ul style="list-style-type: none"> Using the food, we grow in the garden; children use these to cook dishes for the school to taste Cooking Welsh dishes to promote to place in which we live 	TG – All food buddies	



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	Encourage Welsh language	<ul style="list-style-type: none">Food buddies to be present in the dinner hall encouraging children to ask for items from the menu in Welsh, saying please and thankyou	Rota – timetables – All food buddies	
	New kitchen area	<ul style="list-style-type: none">Children to ask TR for a new updated kitchen area for more children to use the area better and more practical.	Alfie/Megan food buddy representatives	