



Food Buddy Job Description

Do you have the following skills and qualities?

- Be a good Food Buddy member by promoting healthy eating and school dinners
- Be confident in speaking to other children
- Enjoy rewarding children for healthy eating
- Be friendly and positive
- Have good listening skills
- Care about helping other people
- Show confidence in working with school staff and other adults
- Enjoy researching and finding new ideas and strategies to help promote school dinners and eating healthy
- Have an interest in promoting school dinners and healthy eating
- Be creative and have lots of ideas on how to promote school dinners and healthy eating habits
- Have lots of enthusiasm
- Show perseverance and don't give up too easily!

What will be expected of me?

- Attend meetings with other Food Buddies, teachers and other important adults
- Identify problems or areas that may need resolving
- Share your healthy eating expertise with other pupils, classes and teachers
- Help to improve awareness of the importance of healthy eating and school dinners
- To put new strategies in place to help us become a healthier school
- Monitor the effectiveness of the strategies
- Promote the work of the Food Buddies through helping to organise assemblies; to share and promote our vision
- Be a positive role model and promote responsible behaviour.

Interested?

Complete the application form and hand it in to your class teacher. After this, each class will vote for their Food Buddy members.