

Do you have the following skills and qualities?

- Be interested in sports and living a healthy lifestyle
- Be confident in speaking to other children and supporting them
- Enjoy promoting new ideas to other children around keeping fit and healthy
- Be friendly and positive
- · Have good listening skills
- Care about helping other people
- Show confidence in working with school staff and other adults
- Enjoy researching and finding new ideas and strategies to help improve our school be healthier and sportier
- Have an interest in improving our school children's uptake in extracurricular activities
- Be creative and have lots of ideas on how to improve our school
- Have lots of enthusiasm
- Show perseverance and don't give up too easily!

What will be expected of me?

- Attend meetings with other sport council members, teachers and other important adults
- Identify problems or areas that may need resolving
- Share your expertise and knowledge in sport and living a healthy lifestyle with other pupils, classes and teachers
- Help to improve awareness of the importance of physical activity and living a healthy lifestyle to other children
- To put new strategies in place to help us become a better and healthier school
- Monitor the effectiveness of the strategies
- Be a positive role model and promote responsible behaviour.

Interested?

Complete the application form and hand it in to your class teacher. After this, each class will vote for their Sport Council members.