School Menu for w/b 28th - Week2

25th September 2026

Newsletter

Gyda'n Gilydd Anelwn Yn Uchel

Dear Parents and Guardians,

We are officially in **Autumn**! Can I please ask, again, that the children have their coats with them as we do go outside even if it is a bit cold! We got caught out in the rain going to the Church this week too!

Could you please use the one way system. It really helps the flow of traffic. It is a good habit to get into using it **ALL** the time. Also, our PCSO would like to remind you all that you **can't stop on the Zig Zag lines to drop your children off.** Please look at the preferred route outlined in previous newsletters.

Just a final reminder for our **Year 6 pupils'** parents that Secondary School applications are now open. Head over to the Denbighshire website to secure your child's high school place.



The next Eco club will be after half term now. **We have a really busy schedule coming up!**

Llongyfarchiadau to Wynter and Osian who were voted in by the school pupils as Head Boy and Girl. Congratulations also to Elsie and Sam who will act as their deputies. Well done to all who applied - keep putting yourselves out there.

Attendance figures are shocking this week. We still have some parents who are not letting us know where their chidlren are. **Please call the school on the first day of absence.**

As ever, any issues, just give us a call. Have a great weekend - **Mr Redgrave**

CHANGE WARZ

Moel Famau were the winners by a landslide!

Total Raised - £80.54

Clubs 3:15 – 4PM

Running Club - Tuesday

Netball Club - Wednesday

Dance Club - Wednesday

Eco Club - (Restarts after half term)

Football Club (Yr 5 and 6) - Tuesday

Attendance

Dosbarth Moel Famau - 94.6 %

Dosbarth Yr Wyddfa - 86.9 %

Dosbarth Brenig - 83.9 %

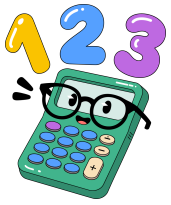
Dosbarth Alwen - 90.1%

This week - 89.1%

Year total - 94.4%



HOMEWORK - GWAITH CATREF

Focus	What do we expect?
Reading 	• Your child will have a reading book selected from the school library. • It is expected that they bring it to school and take it home each day. • They will be given a **reading record that we would like you to comment in 1x a week** (this also includes Y5/6 parents). • When they finish their book they will quiz in school and change it.
Spelling 	• Every **Monday** your child will receive new spellings to learn and practice for the following Monday. • These are usually sent **via SeeSaw**. • Each child has a HWB log in that they can access **Spell Blast** where they can play games to practice their weekly spellings.
Mathematics 	• Each child has a **Mathletics** log in. • They are assigned weekly tasks to complete that follow what they are learning in class, and suited to their individual abilities. • The teachers are able to track their progress and it is a fun app for kids to play and learn.

Let's Celebrate!



We are incredibly proud to celebrate Elsie's fantastic achievements at a swimming gala last weekend! Elsie competed in eight races, achieving an impressive number of personal bests and bringing home an amazing six medals – **four gold and two silver!** Aiming high as always, Elsie's success is a wonderful reflection of her hard work, determination and dedication to her swimming. As a school, we are all incredibly proud of her achievements. Well done, Elsie – what a fantastic accomplishment!



We are incredibly proud to celebrate Ellis's fantastic sailing achievement! Following his recent performances. Ellis has been selected for the **Welsh RS Tera Squad for the 2026–2027** winter season. This is an outstanding achievement. The programme provides a pathway for talented young sailors with aspirations of progressing to GBR and British Sailing Team programmes. Ellis's selection is a wonderful reflection of his hard work, talent and dedication. As a school, we are extremely proud of you – congratulations, Ellis!



CROSS COUNTRY



A fantastic effort put in by these 4 learners who competed against other schools across Denbighshire in the yearly Cross Country race in Ruthin on Wednesday morning.

It was the first time for a couple of them and they did brilliantly. Although the weather wasn't on their side, they all placed within the top 25 which is something to be very proud of.

Not only this, but the commitment shown and sportsmanship was excellent. They were cheering on other runners from other schools once their race had finished. Just brilliant!

CYMRAEG

PATRWM Y PYTHEFNOS

Sut mae'r tywydd heddiw?
Mae hi'n...

How's the weather today?
It is ...

GEIRFA

heulog – sunny
oer – cold
bwrw glaw – raining
bwrw eira – snowing
braf – nice
wyntog – windy
niwlog – foggy

YMWELIAD DARREN MILLAR AS

t was wonderful welcoming Darren Millar MS to Esgob Morgan on Monday. He presented us with our Gold Award for Campus Cymraeg and reinforced the message of how important it is to use the Cymraeg that we have.



CoGURDD & POBURDD

Hydref 1af / October 1st

Straight after school

Open to Blwyddyn 4, 5 a 6

Follow the link to join the Urdd to compete:

https://urdd.cymru/en/join/#membership-options





HARVEST SERVICE

30TH SEPTEMBER 2026

Pwy? Who?

The whole school will come together to celebrate Harvest, performing a selection of Harvest songs. Year 5 and 6 pupils will lead the service as we give thanks and celebrate this special time of year.

Ble / Where?

St Asaph Cathedral

Doors open **@2pm** for refreshments.

Performance starts **@2.30pm**

Don't forget

A letter will be sent home to ask how your child will leave the Cathedral after the servic.e Please remember to fill in and return to school.

Collection

As part of our Harvest celebrations, we will be collecting food donations for our local food bank to support families in our community. We would be grateful for donations of non-perishable items such as tins, cereal, pasta, rice and other cupboard essentials. **Please bring any donations into school by Monday 28th September.**

Dosbarth Moel Famau

Another great week in Dosbarth Moel Famau with lots of experiences. We have been introduced to greetings in Mandarin and even had the opportunity to vote for our new Head Boy and Head Girl. In our collective worship, we learnt about democracy and had a go at putting this in practice. Da iawn pawb!

Llythrennedd / Literacy

We have been focusing on recounts and writing them independently in our independent areas. We are becoming more confident in including the different features.

Mathemateg / Mathematics

This week has seen us developing and recapping our understanding of place value.

Atgoffa / Reminder

There have been a few children forgetting their reading books this week - please ensure these are brought to school daily as we do daily reading in class.

We try our best to listen to your child read, however, it is important that this is also done at home.

DCF

We have learnt all about passwords and the importance of protecting our information online and what is needed to create a strong password.

Harvest Service

Our song is 'In my trolley' where we sing about all the items we have. This has been uploaded to Seesaw, so it would be appreciated if you could learn this at home. Our service is on **Wednesday 30th September** in the Cathedral.

Wythnos 4 / Week 4 - 25th September/Medi

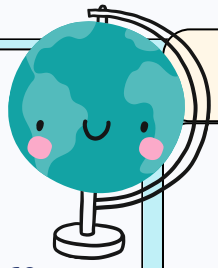
Dosbarth Yr Wyddfa

Mrs Drumm

Blwyddyn 4 / Year 4

As we reach the middle of our half term the children are settled in their new classrooms and routines. We have been looking at the celebration of harvest this week and have been practising our harest songs for our celebration in the Cathedral next Wednesday 30th September. Doors open at 2pm for refreshments but performance starts at 2.30pm. We would be very grateful of any food donations which will be donated to our community Fridge

Dysgu / Learning



Mathmateg / Maths

We have been continuing with place value and partitioning this week to esnure that basic skills are consolidated before moving on. Next week we will be looking at number patterns. Please encourage your child to access Mathletics at home.

Spellings

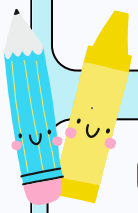
New spellings were uploaded onto Seesaw on Monday and the spelling test will be on Monday 28th September. New spellings will be upladed onto Seesaw each Monday. Please help your chid to learn their spellings each week.

Reading

Some children have been coming to school without their reaing books this week. Please remind your child to pack their reading book each morning ready to come to school. Thank you

Reminder

- As we enter the Autumn Term please ensure that your child comes to school with a coat. We visit the Parish Church every four weeks and it was a little wet this week! All dates for visiting the Parish Church are on the calendar and newsletters. Thank you.



Dyddiadau / Dates

- Harvest Festival - 30th September at the Cathedral. Doors open at 2pm for refreshments. Performane begins at 2.30pm.
- PobUrdd/ CogUrdd - 1st October

BRENIG

BLWYDDYN 5/6 MRS KERFOOT-ROBSON

THIS WEEK

This week, the children have been reflect on “What is a healthy lifestyle?” They discussed and mindmapped all of the different aspects of leading a healthy lifestyle. From physical to mental, to diet and social. We will be covering it all in out health and well-being lessons.

In maths, we have been developing our skills in subtraction. Please encourage your child to complete mathletics at home, they have all been assigned activities to support their learning !

BIKEABILITY

A huge congratulations to all the children who took part in the bikeability scheme this week. Fantastic new skills and teamwork this week. It was great to see them all enjoy the outdoors and being active together.

SPELLINGS

Spelling lists have been assigned to your child’s seesaw please ensure your child practices these and knows which group they are in ready for a test on Monday. They are linked to work we have been doing in class - this week it is based on ***homophones!***

DOJO POINTS

We still have some families not signed up to class dojo! Please contact the school if you need another QR code to join!

SCHOOL ECONOMY

All pupils have started their jobs and have visited the bank to be paid!

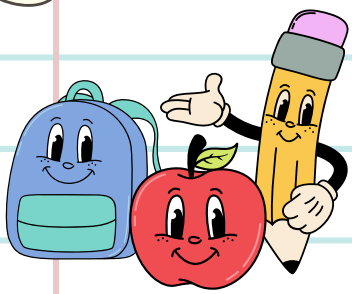
COFIO / REMEMBER

Swimming - Monday !
Harvest - 30th September
London - 7-9 Oct

Troeso Dosbarth

ALWEN

25.09.2026





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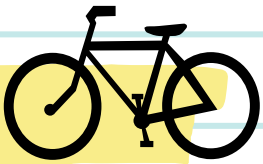


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School Economy



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Cofio / Remember

PE - Is every Monday!
Harvest - 30th September
London - 7-9 Oct

SUPPORTING SENSORY OVERWHELM

How we can help children when they feel overwhelmed and shut down.

Recognising the difference between sensory overwhelm and meltdown

WHAT YOU SEE
(Possible signals of overload)

- Child withdraws from a space.
- Hands over ears or eyes.
- Refuses to participate or engage.
- Unexpectedly crying or laughing.
- Agitation followed by stillness.

THIS IS HOW THEY COMMUNICATE

Their body and language saying:

- "I feel too much input."
- "This is too loud/bright."
- "My body feels strange."
- "I cannot think straight."
- "My brain needs a break."

organise.



WHAT IT MIGHT MEAN
(Possible internal causes)

- System overload (auditory, visual).
- Fight, Flight, or Freeze response.
- Struggle with environmental transitions.
- Seeking control through avoidance.
- Needs a sensory break for reset.

This is Coregulation of Overwhelm (instead of a meltdown)
We are helping them create inner and outer calm so they can remain safe and settled.

WHAT THEY NEED
(Strategies for regulation)

- Deep pressure (weighted items).
- Proprioceptive inputs (squeezes, heavy work).
- A designated quiet space.
- Noise-cancelling headphones.
- Pre-arrival communication of sensory environment.

YOUR RECEPTION IS KEY

Creating a safe, non-judgemental and regulated environment.

WHAT YOU CAN DO
(Daily supportive practices)

- Provide predictable sensory routines.
- Keep a calm, low-arousal environment.
- Be a 'sensory filter' (offer quiet space).
- Allow extra time for processing.
- Model asking for sensory breaks

INSTEAD OF THINKING...

they are 'disruptive' or 'refusing'.
they need a strict consequence.
this is misbehaviour.

TRY THINKING...

their nervous system is overwhelmed and seeking safety.
they need a reduced sensory load and more predictability.
this is a neurodiverse child attempting to cope.

St Asaph VP Infant School

NURSERY OPEN AFTERNOON

Thursday 8th October 2026 1:30pm – 2:30pm

Stay and Play

Autumn themed Stay and Play session
for children born between
1st Sep 2023 and 31st Aug 2024









Please register your interest by phone or emailing headteacher Miss K Langford

Upper Denbigh Road, St Asaph, LL17 0RL
01745 583 416
stasaph.infants@denbighshire.gov.uk

KEY DATES

AUTUMN TERM 2026

New Updated Dates (please check)

SEPTEMBER 2026

MON 14 SEP	Brenig Swimming ✓
TUE 15 SEP	Mandarin starts ✓
WED 16 SEP	Dathlu Owain Glyndŵr ✓
FRI 18 SEP	Families, individual and sibling photographs ✓
MON 21 SEP	NEW • Darren Millar to visit school ✓ • Brenig Swimming • Reading drop in parents
TUE 22 SEP	NEW Dr Bike in ✓
WED 23 SEP	Parents London meeting ✓
THU 24 SEP	UPDATED Bikeability – Year 6 ✓
FRI 25 SEP	UPDATED Bikeability – Year 6 ✓
MON 28 SEP	Brenig Swimming
TUE 29 SEP	Football URDD Ruthin
WED 30 SEP	Harvest Service

OCTOBER 2026

MON 5 OCT	London Awards Fiver Challenge Brenig Swimming
WED 7 OCT	London – Year 6 NEW Movie night
THU 8 OCT	London – Year 6 Parliament
FRI 9 OCT	London – Year 6
MON 12 OCT	Parents Evening Brenig Swimming
TUE 13 OCT	Parents Evening
WED 14 OCT	Parish Church
FRI 16 OCT	Show Racism the red card day
MON 19 OCT	Brenig Last Swimming
WED 21 OCT	NEW Monsters Ball
FRI 23 OCT	Break up for Half term Steve Skidmore in

Autumn Adventures Bright Futures

YSGOL GOEDWIG FOREST SCHOOL

Yr hyn rydym yn ei ddysgu.
What we are leaning.

During our second forest school session with Blwyddyn 3, the children were looking at habitats and what type of insects they would find down in our forest. They all went off to explore and to build their own habitat for their insects that they found. The children were asked to use their creative thinking and come up with different ideas, we had fairy gardens, huge areas with multiple uses and hanging decorations. Following this we had a snack of s'mores which the children had asked for the week before with a hot chocolate. Then free play and finishing off with our forest school game of 1,2,3.













Ysgol Goedwig - Gair yr Wythnos

Creative thinking.

This was our focus word this week while the children were creating their habitats for the insects that theywould find in our forest area.

ST ASAPH FC

U11 GIRLS

Looking for new Yr5/Yr6 players who want to be part of a great team of girls, who work hard and have loads of fun.

Come join our training sessions for a FREE taster sessions. We'd love you to get involved! Drop Nia a message....

Tuesdays
6:30-7:30pm

3G Pitch Ysgol Glan Clwyd

Coach Nia
07817307291



PTFA presents...

MOVIE NIGHT

TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS

Spooky Snacks Good Company ♡

Wednesday 7 October

3:15 – 4:30 pm

School Hall

£5 per child

Pay via ParentPay

ADMISSION INCLUDES A DRINK AND A POPCORN!

Sweet bags available for pre-order on ParentPay £1.05 each

Dress for the mood (if you like!) ♡

MOVIES FRIENDS SNACKS FUN

All proceeds support Ysgol Esgob Morgan PTFA ♡

YSGOL ESGOB MORGAN

Dates for your diary 2026 – 2027

Our school
Our community
Our future

September 2026

Tue	1	Staff Training day
Wed	2	Staff Training day
Mon	7	Swimming starts
Fri	11	Year 3 - Forest School
Mon	14	Brenig Swimming
Tue	15	Mandarin start
Wed	16	Dathlu Owa… …ndŵr
Fri	18	Families… …dual and sibling… …ographs
…on	21	Dan… …ar to visit school B… …wimming … drop in parents
Tue		…e in
Wed		…nts London meeting
Thu		…eability - Year 6
Fri	25	Bikeability - Year 6
Mon	28	Brenig Swimming
Tue	29	Football URDD Ruthin
Wed	30	Harvest Service

October 2026

Mon	5	London Awards Fiver Challenge Brenig Swimming
Wed	7	London - Year 6 Movie night
Thu	8	London - Year 6 Parliament
Fri	9	London - Year 6
Mon	12	Parents Evening Brenig Swimming
Tue	13	Parents Evening
Wed	14	Parish Church
Fri	16	Show Racism the red card day
Mon	19	Brenig Last Swimming
Wed	21	Monsters Ball
Fri	23	Break up for Half term Steve Skidmore in

November 2026

Mon	2	School reopens Alwen Swimming
Wed	4	Parish church
Mon	9	Alwen Swimming
Wed	11	Flu vaccinations
Mon	16	Anti bulling week Odd socks day – Anti Bullying Alwen Swimming
Tue	17	Year 5/6 school trip Anti bulling week
Wed	18	Anti bulling week
Thu	19	Anti bulling week Cinema trip – How to Train Your Dragon
Fri	20	Anti bulling week
Mon	23	Alwen Swimming
Fri	27	Staff training day
Mon	30	Alwen Swimming

December 2026

Wed	2	Parish church PTFA Christmas Fayre and Hot pot
Mon	7	Alwen Swimming
Med	9	Christmas Service
Wed	16	PTFA Movie night
Fri	18	School closes for Christmas

January 2027

Mon	4	Staff Training day
Wed	20	Parish Church
Mon	25	Diwrnod Santes Dwynwen

February 2027

Fri	5	School closes for Half term
Mon	15	School reopens

March 2027

Thu	4	Year 3 Glan Llyn
Fri	5	Year 3 Glan Llyn
Fri	19	School closes for Easter holidays

April 2027

Mon	5	Staff training day
Tue	6	School reopens
Wed	28	Year 4/5 Nant BH
Thu	29	Year 4/5 Nant BH
Fri	30	Year 4/5 Nant BH

May 2027

Mon	17	Year 6 Llanrug
Fri	28	School closes for Half term

June 2027

Mon	7	School reopens
Thu	24	Sports Day
Fri	25	Reserve Sports Day

July 2027

Mon	19	Year 6 Leavers Service
Tue	20	School closes for Summer holidays

Dysgu
Tyfu
Llwyddo
Gyda'n gilydd ♥

Dates and events are subject to change.