



Friday, 22nd March 2024



## Dear Parents and Guardians

We reach the end of another incredibly busy term.

We were so proud that we had our Grwp Llefaru and Rosie as an individual perform at the Sir Eisteddfod. They all did amazing with Rosie finishing 3rd in her competition and our Grwp Llefaru coming first! As a result our Grwp Llefaru will go through to the Urdd National Eisteddfod in Maldwyn, Montgomeryshire. Da lawn Pawb!

Thank you for your continued support at the school. We are so mindful that our learners have so many different needs and how that may look to you as our parents. Our approach is firm on the boundaries and gentle on the child. I think we mostly get that right. Where we don't we want the feedback and want to make changes. This is all part of our training as we journey towards being a trauma informed school. There is more on that later in this newsletter.

Have a wonderful Easter, and remember it is totally acceptable to have chocolate for breakfast on Easter Sunday! See you on April the 9th!

Mr Redgrave



## PTFA—Easter Egg Bingo

Thank you for all your donations for our Easter Egg Bingo.

We had a wonderful evening playing two different versions of Bingo. We had the traditional UK version and also had a few rounds of American Bingo! It was so much fun seeing you all trying to get your heads around the rules (though we think Mr R could have done a better job of explaining!).

Nab a Bag was certainly eventful! Once we all got our heads around it! Although, I think a few people didn't realise that they didn't win the bag until the end!

As usual, as we always have done with our left over donations, we will be donating these to those in need. We raised about £750— Thank you for your support!

# Cornel Gymraeg

## Cwestiwn yr Wythnos

Diolch yn fawr iawn am yr atebion yr wythnos di-wethaf - yr ateb cywir ydi Caerdydd. Cofiwch adael eich atebion ar dudalen Facebook neu ar X (Twitter) i'n cwestiwn nesaf!

Pob lwc hefo'r cwestiwn nesaf!

## Ymweliad gan VIP... Mr Urdd!

Cafodd pawb prynhawn llawn hwyl a sbri hefo Mr Urdd. Roedd Bili wedi gwirioni cy-farfod rhywun mor bwysig â Mr Urdd.



## Eisteddfod Rhanbarth Sir Ddinbych

Llongyfarchiadau i'n grŵp llefaru am ddod yn 1af yn y sir hefo Roli a'r Trolï. Amdani i'r rownd derfynol! A llongyfarchiadau i Rosie am ddod yn 3ydd yn y llefaru unigol.

## Question of the Week

Thanks very much for the answers last week - the correct answer is Cardiff. Remember to leave your answers on our Facebook page or X (Twitter) to our next question!

Good luck with the next question!



## A VIP visitor... Mr Urdd!

Everyone had an afternoon full of fun with Mr Urdd. Even Bili enjoyed meeting the VIP guest!

## Denbighshire County Eisteddfod

Congratulations to our learners who have come 1st with the group recital - Roli a'r Trolï. Onwards to the final rounds now! Also, congratulations to Rosie for coming 3rd with the individual poem.

## Sganiwch fi—Scan Me



## Patrwm Iaith yr Wythnos

Patrwm Iaith yr Wythnos

Beth mae o'n / hi'n wneud? What is he/ she doing?

Mae o'n ... / Mae hi'n ... He is/ She is

Geiriau'r Wythnos

dawnsio/ dancing  
canu/ singing  
darllen/ reading

Wales is believed to have more castles per square mile than anywhere else in the world.

True or False



# Cornel Gymraeg Ychwanegol

## Chwilair Pasg

Allwch chi ddod o hyd i'r geiriau?

## Easter Wordsearch

Can you find all of the words? Challenge yourself to read the words!



## Y Pasg



a b g c m d i d u y h w j  
s a s g s r s e o r c y m  
p s a h u n y y e l f a y  
c g p s o y a a d h o u b  
d e y i s p d s r r j t y  
i d n o m l b c a t b n h  
p w e c l m p u r u n e e  
s y n g l c e m a n r e n g j  
g a i e s u l d j d o i h  
h u n d l t i o b h u n h  
o m w w o i j l a a n w e  
o c c o s w i b o a t c t  
w y c i i e s u j t s s w

croes

wyau

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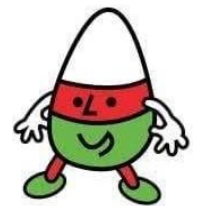
basged wyau

cwningen

het

cwningen y Pasg

Cymraeg



## Small Figures

As part of our work in becoming a Trauma Informed School we will need a lot of small world figures.

So, if you are having a clear out of any figures your child (ren) don't play with any more we will gladly take them off your hands. Any figures, superheroes, animals, trolls, gonks (remember them?!) ...literally anything. We would really appreciate them.



# TOP TIPS



Kids learn by watching and listening so show up as your best self. Role model being a kind, compassionate, confident person. Consistently!

## GET

Ichigo ichie:

一期一会

Everything is one time only.  
Every moment is precious.  
Be fully present

## KIDS



Be a hugger.

Note, for the love to transfer a hug needs to last 7 seconds or longer!



Greet your child with a smile, not a mobile

## TO



Create good habits by role modelling good physical health. Eat, move and sleep in healthy proportions

## YOUR



Instead of asking 'How was school?' upgrade to 'What was the BEST thing about school?' Then listen with enthusiasm

## TOP TIP

Trauma Informed Schools

TRAUMA INFORMED UK SCHOOLS™

A trauma informed school is one that is able to support children and teenagers who suffer with trauma or mental health problems and whose troubled behaviour acts as a barrier to learning. Public health studies that have shown that when children who have suffered several painful life experiences, **are unhelped**, there is a very high chance of them going on to suffer severe mental and physical ill-health.

We have 3 of our staff who have taken the 10 day Diploma course on this, with one having the 2 day senior leaders course and one more half way through completing the 10 day course.

The approach is routed in research. It works. We will hold an information session in the new term to talk more about what this means.

We hope this goes someway to explain our approach with our children. We never do nothing. We don't ignore negative behaviour.

Firm on the boundary. Gentle on the child.

# School Meals

Week beginning 8th April is Week 2. Have a look through the week and see what your child (ren) would like to eat for the week and pop their choice on Parent pay.

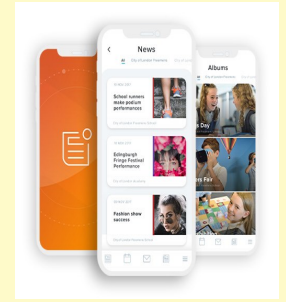
Fruit Tuck—Get one of your 5 a day for just 20p! On Sale Every Day

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WK 1 Main Meal</b>	Pork Meatballs in a Homemade Mediterranean Sauce with Pasta and Home Baked Garlic Bread	Savoury Welsh Minced Beef Hot Pot with Cheddar Glaze and Country Style Vegetables	Baked Breaded Fish Cake with Creamed Potatoes Baked Beans or Peas	Roast Fillet of Turkey, Savoury Stuffing and Gravy Roast Potatoes and Vegetable Selection	Chicken Fillet with Chipped Potatoes Fresh Mixed Salad and Homemade Coleslaw
<b>Choice</b>	Mediterranean Vegetable Pasta Bake Glazed with a Cheddar Topping	Savoury Quorn Mince, topped with Sauté Potatoes and Cheddar Cheese	Vegetable Bites with Creamed Potatoes and Baked Beans	Baked Quorn Sausage, Savoury Stuffing and Gravy	Quesadilla filled with Cheddar Cheese and Tomatoes
<b>Sweet</b>	Dairy Ice Cream with Fruit Wedges	Rice Krispy Chocolate Bar	Steamed Apple Sponge with Vanilla Custard	Jelly with Fruit	Homemade Granola Style Cereal Bar
<b>Main</b>	Baked Breaded Fish Cake with Oven Baked Seasoned Wedges Garden Peas and Sweetcorn	Welsh Beef Bolognese with Pasta Garden Peas and Home Baked Bread	BBQ Chicken with a Sticky Sauce and Savoury Vegetable Rice	Roast Loin of Pork with Traditional Apple Sauce and Gravy, Roast Potatoes and Vegetable Selection	Oven Baked Pork Sausage with Chipped Potatoes and Baked Beans
<b>Choice</b>	Breaded Vegetable Nuggets	Minced Quorn Bolognese	Vegetable Burritos	Savoury Quorn Mince, topped with Potatoes and Vegetable Selection	Oven Baked Quorn Sausage
<b>Sweet</b>	Fruit Wedges with Yoghurt	Chocolate Crunch Cake	Fruit and Oaty Crumble with Vanilla Custard	Hand Baked Shortbread Biscuit	Homemade Chocolate Fudge Coated Cake
<b>WK 3 Main Meal</b>	Ham and Macaroni Cheese Bake with Homemade Herby Tomato Bread	Midday Brunch with Potato Waffle and Baked Beans	Chicken Dish of the World with Boiled Rice or Noodles and Naan Bread Fingers	Roast fillet of Chicken with Herb Stuffing and Gravy, Creamed Potatoes and Vegetable Selection	Breaded Fish Fingers with Chipped Potatoes and Mushy Peas
<b>Choice</b>	Macaroni Cheese Bake	Vegetarian Midday Brunch	Vegetable Dish of the World	Baked Quorn Burger with Herb Stuffing and Gravy	Breaded Vegetable Nuggets
<b>Sweet</b>	Fruit Wedges with Yoghurt	Caramel Cornflake Cake	Homemade Saucy Chocolate Pudding	Cranberry Scrunch Slice with Apple Wedges	Lemon Drizzle and Blueberry Muffin

# Our School App

Last time we will remind! Everything will be here.

Firstly, you will need to download the app from either the [iTunes App Store](#) or [Google Play Store](#) by clicking on the relevant buttons below or by loading up the app store on your phone and searching for 'School News'.



Once you have located and downloaded the free app, launch the app and you will then be able to either click on the 'Find my school' button which uses the phones GPS to locate all the schools in the surrounding 20 miles, or you can type in the school's postcode and click on 'Get my school' button.

**Our school's postcode is: LL17 0PT**

You will then see a list of schools that use the app. Click on the school you wish to view news & events for.

You will then be able to click on the 'News' button to view all of the latest news items that have been added to the school(s) you have selected and also all of the upcoming calendar events by clicking on the 'Events' button.

Clicking on 'My Schools' will display a list of schools that you view news and events for. Clicking on one of the schools will display the school address, telephone number and email address which you can click on to either phone or email the school directly from the app.

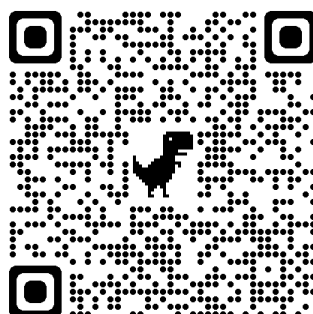
*Dates for the Diary—all on our  
Calendar online as well as the  
school app.*

**Friday 22nd March—Forest School Year 5. School  
Closes for Easter.**

**Reopens Tuesday 9th April.**

## Walking Bus!

Thank you to those who managed to join us for the walking bus! It was funny seeing Mr Schrimshaw come to school totally by habit! The look on his face when he realised he had come to the wrong place was amazing! We will do that again in the future.



## Ramadan

Have a look here at some of the work Year 4 have been doing on Ramadan.

**LITTLE LAMBS ESGOB MORGAN**

# **HOLIDAY CLUB**

**OPEN MONDAY TO FRIDAY 8AM-6PM**

**CHILDREN FROM AGE 3-11 YEARS**

**TAKING BOOKINGS NOW!!**

## **EASTER HOLIDAYS**

**Monday 25th March to Friday 5th April 2024**

We will be closed Friday 29th March and Monday 1st April due to bank holiday!

**FOR MORE INFORMATION OR TO BOOK PLACES**

**CALL US:**

**07999 589996**



Little Lambs Esgob Morgan, Ysgol Esgob Morgan, Ffordd Siarl, St Asaph, LL17 OPT

# Come Cook With Me

A huge thank you to the 'Come Cook With Me' team who has been providing fun, exciting and educational lessons for some of our pupils and parents this term.

We are hoping to continue something similar next year for more pupils and parents, especially with us having some **exciting changes to our kitchen.....** We can't wait to show you when it is done !!



- Pizza
- Chicken Nuggets
- Breakfast Muffins
- Fruit Kebabs
- Potato Wedges
- Rainbow Salads



# Addysg Ariannol

## Financial Education



Top Tips of the week for talking about 'Money' with your children at home.



### **Explain how money is earned**

Talk to them where money comes from. We're an increasingly cashless society, and thanks to the invention of cashback it's easy for children to assume that the supermarket is the source of all of your funds. Showing your child your payslip and explaining what you had to do to find employment are good ways of building financial understanding.

### **Explore the difference between need and want**

Explain the difference between needs and wants. Contrast examples of goods they need every day, such as food and clothing, and items or toys they might want, but don't need. This is a great way of introducing the concept of saving and the need to exercise restraint in their spending, as well as helping them to understand that sometimes times will be hard and you won't be able to afford everything everyone wants.

