



# Ysgol Esgob Morgan Church in Wales School

Gyda 'n Gilydd Anelwn Yn Uchel / Together, We Aim High



Friday, 17 May 2024



## Dear Parents and Guardians

Another week whizzes by! Can't believe that its only one more week until half term!

It has been quite a quiet week this week as most of our Year 4 and 5 have been out having an amazing time in our capital city (pics below!).

Had a series of meetings over the last couple of weeks and all of them centre on the funding crisis we face in school across Wales. I was talking to colleagues about how we really must keep the momentum going with our Senedd members—keeping the pressure on to avoid losing all the extra things we do in our schools that help our children. Please support us by doing whatever you can to keep this issue in the public eye. Your help and support is much appreciated.

The app seems to working well. The WhatsApp groups about PE seem quieter anyway! I would be pleased to hear your thoughts about it. Have a great weekend.

Mr Redgrave



Cardiff

Caerdydd

# Patrwm Iaith yr Wythnos

Fy hoff hobi ydy ... / My favourite hobby is ...

## Geiriau'r Wythnos

rhedeg/ running

canu / singing

pel-droed / football

Sganiwch fi—Scan Me



## Cornel Gymraeg

### Cwestiwn yr Wythnos

Cofiwch adael eich atebion ar dudalen Facebook neu ar X (Twitter) i'n cwestiwn nesaf! Ateb cywir oedd Conwy.

### Pob lwc hefo'r cwestiwn!

Trip i Gaerdydd / Trip to Cardiff

Cafodd dysgwyr ym Mlwyddyn 4 a 5 amser prysur iawn yng Nghaerdydd. Roedd y plant wedi cael profiadau byth cofiadwy fel mynd i'r Senedd, Stadiwm Principality, a Sain Ffagan.

### Question of the Week

Don't forget to leave you answer to our question of the week on our Facebook page or X (Twitter)

Learners in Years 4 and 5 had a very busy time in Cardiff. The children have had unforgettable experiences such as visiting the Senedd, Principality Stadium and St Fagan Museum.

Fedrwch chi ddysgu'r geiriau newydd? Can you learn some of the new words?

How many free entry museums are there in Wales?

- a) 7    b) 13    c) 11

## Chwilair Misoedd y Flwyddyn

g	t	j	a	e	e	e	r	o	c	s	r
s	a	r	n	a	a	b	j	b	o	e	h
e	c	f	n	h	w	a	r	f	t	r	a
p	h	e	a	n	m	s	u	i	s	b	g
t	w	r	g	n	a	o	t	t	l	m	f
i	e	d	m	n	n	c	d	f	n	l	y
a	d	y	l	j	e	e	h	i	a	i	r
m	d	h	c	h	w	e	f	r	o	r	u
b	c	b	i	n	x	e	z	f	t	p	l
r	d	d	e	i	h	b	r	i	r	e	i
e	e	f	v	e	a	r	w	a	n	o	i
m	i	c	m	e	m	a	w	r	t	h	g

Ionawr  
Chwefror  
Mawrth  
Ebrill  
Mai  
Mehefin

Gorffennaf  
Awst  
Medi  
Hydref  
Tachwedd  
Rhagfyr

## Meet the Governors

Hello there. My name is Louise Minshull. I am married to Steve and have two amazing grown up children, Abbie and Ioan who both came to Ysgol Esgob Morgan.

I have the privilege of being a governor in Esgob Morgan since both my children left to go to high school. I have worked in the Welsh ambulance service as an operational manager/paramedic for 34 years and like to think I can bring my knowledge and experience I have into the fantastic team of governors we have in St Asaph. Supporting both the staff and children.



## North Wales Education Awards 2024

Having had success in previous years with Miss Martin winning Teacher of the Year last year it is time again to, if you so wish, nominate one of our amazing school staff. You may enter as many categories as you wish. However, you must complete a separate entry form for each nomination. If you have additional supporting documents please email this to [catherine.thompson@nqyne.co.uk](mailto:catherine.thompson@nqyne.co.uk).



Judges prioritise the quality of nominations over quantity of votes, so it is crucial to offer a well-rounded description of the nominee's accomplishments, contributions, and impact. The more detailed and insightful the nomination, the better chance it has of being shortlisted..

<https://bit.ly/yemawards24>

Entries Close 7th June.

## Clubs for week beginning the 20th May.

**Monday - Rugby**

**Tuesday— Quirky Crafts for Years 5 and 6.**

**Wednesday—Entrepreneur Club Year 3, 4 and 5**

**Thurs— Cricket (all year groups). NEW—Jewellery Club—Years 5 and 6 (for now) - 50p for materials—they keep what they make.**

**In Quirky Crafts we have been busy creating bilingual cards ready to sell at the end of the school day.**

**We have looked at different items online to order to revamp our business. There will be a variety of items available to purchase in the near future...watch this space!**

**If you would like us to make a card to order, please let us know through the school office and we'd be more than happy to make it for you!**



## New Phone System



One comment made to us recently was that we never answer the phone.

The reality couldn't be further from the truth! Let us explain.

We have had a new phone system installed ahead of the analogue switch off. It's a great system where you can leave a message for pupil absence without having to make sure you have spoken to someone (this is option 1). This part is working well.

Option 2 takes you through to the school. For as long as we can remember there has only been one line into the school. As this new system is VOIP this means we have multiple lines in! Therefore when one of us is on the phone it will ring. If Mrs Thomas Garnett is on the phone it will ring in Mr Redgrave's office and he will answer. If they are both on the phone, it will ring in the main school.

As all staff will be busy teaching, the phone will ring out until the office is available to answer. Mrs Thomas Garnett leaves at 2:45 leaving Mr Redgrave to answer the phone. As much as I am sure he would like to split himself in two—he can't answer a phone if he is already on a call.

Often the calls that come at this time is messages asking us to tell children how they are getting home. It would be great if arrangements for home time could be sorted in advance and your help in this matter would be really appreciated.

We hope this goes some way to explain why the phone seems to ring out.

## Water Bottles in School

Could you please ensure that your children have water bottles for school. We encourage the children to stay hydrated throughout the day and they can top up at our water fountain or taps throughout the day.



Please can you avoid sending your children into school with energy drinks and juice. Juice is ok for lunch time drinks—but as a healthy school we encourage water, or, at a push, flavoured water.



Year 3 were posed with the question 'What would you do if I gave you £30?' which then generated a discussion with lots of ideas.

Year 3 learners were then introduced to ways of saving money and where they thought our money comes from. The discussion was had about the importance of keeping track of our money and whether or not saving some money is beneficial to us and why we might possibly do this.

They will be asked the same question, 'What would you do if I gave you £30?', in a few weeks time to see whether their opinions will have changed.

# Financial Education - Year 3

# Join us at Little Lambs for May Half term!

07999589996



Book today to secure your child's place!!

Monday	Closed for Bank Holiday
Tuesday	'Create a canvas' painting event. We will also be tie-dyeing sun caps and decorating sunglasses.
Wednesday	Rocky road cheesecake baking day with biscuit decoration.
Thursday	Adventure Day: We are planning on a big explore around our local area.
Friday	Water fight (weather permitting), water dodgeball, fun water fight, movie afternoon.

Spaces subject to availability!

## School Meals

Week beginning 20th May is Week 2. Have a look through the week and see what your child (ren) would like to eat for the week and pop their choice on Parent pay.

Please do look too as we are having quite a few children refusing to eat as they don't like what is on offer or the choice. We do our best to let you know if they are not eating their lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WK 1 Main Meal</b>	Pork Meatballs in a Homemade Mediterranean Sauce with Pasta and Home Baked Garlic Bread	Savoury Welsh Minced Beef Hot Pot with Cheddar Glaze and Country Style Vegetables	Baked Breaded Fish Cake with Creamed Potatoes Baked Beans or Peas	Roast Fillet of Turkey, Savoury Stuffing and Gravy Roast Potatoes and Vegetable Selection	Chicken Fillet with Chipped Potatoes Fresh Mixed Salad and Homemade Coleslaw
<b>Choice</b>	Mediterranean Vegetable Pasta Bake Glazed with a Cheddar Topping	Savoury Quorn Mince, topped with Sauté Potatoes and Cheddar Cheese	Vegetable Bites with Creamed Potatoes and Baked Beans	Baked Quorn Sausage, Savoury Stuffing and Gravy	Quesadilla filled with Cheddar Cheese and Tomatoes
<b>Sweet</b>	Dairy Ice Cream with Fruit Wedges	Rice Krispy Chocolate Bar	Steamed Apple Sponge with Vanilla Custard	Jelly with Fruit	Homemade Granola Style Cereal Bar
<b>WK 2 Main Meal</b>	Baked Breaded Fish Cake with Oven Baked Seasoned Wedges Garden Peas and Sweetcorn	Welsh Beef Bolognese with Pasta Garden Peas and Home Baked Bread	BBQ Chicken with a Sticky Sauce and Savoury Vegetable Rice	Roast Loin of Pork with Traditional Apple Sauce and Gravy, Roast Potatoes and Vegetable Selection	Oven Baked Pork Sausage with Chipped Potatoes and Baked Beans
<b>Choice</b>	Breaded Vegetable Nuggets	Minced Quorn Bolognese	Vegetable Burritos	Savoury Quorn Mince, topped with Potatoes and Vegetable Selection	Oven Baked Quorn Sausage
<b>Sweet</b>	Fruit Wedges with Yoghurt	Chocolate Crunch Cake	Fruit and Oaty Crumble with Vanilla Custard	Hand Baked Shortbread Biscuit	Homemade Chocolate Fudge Coated Cake
<b>WK 3 Main Meal</b>	Ham and Macaroni Cheese Bake with Homemade Herby Tomato Bread	Midday Brunch with Potato Waffle and Baked Beans	Chicken Dish of the World with Boiled Rice or Noodles and Naan Bread Fingers	Roast fillet of Chicken with Herb Stuffing and Gravy, Creamed Potatoes and Vegetable Selection	Breaded Fish Fingers with Chipped Potatoes and Mushy Peas
<b>Choice</b>	Macaroni Cheese Bake	Vegetarian Midday Brunch	Vegetable Dish of the World	Baked Quorn Burger with Herb Stuffing and Gravy	Breaded Vegetable Nuggets
<b>Sweet</b>	Fruit Wedges with Yoghurt	Caramel Cornflake Cake	Homemade Saucy Chocolate Pudding	Cranberry Scrunch Slice with Apple Wedges	Lemon Drizzle and Blueberry Muffin

**BREAKFAST CLUB—Every Day from 7:50 to 8:45**

To help with child care and punctuality we have a Breakfast Club which is only 50p a day. No need to book—just drop your child (ren) off.

Fruit and veg Tuck—Get one of your 5 a day! On Sale Every Day—get your children to look at the menu board to see what's on!



We continue our terms work on Gratitude. We are extremely grateful for all the support you give us—especially when we have to have difficult conversations. Positive communication is the only way we all succeed for our young people.

- How to develop an Attitude and Gratitude.
- How to be grateful for others, experiences and ourselves.
- How giving and receiving gratitude makes us feel.

**Why not ask your children to tell you what they have learnt. Here's some questions to help you:**

- What have you been grateful for today and how did you show it?
- What are the 3 categories from the Wheel of Gratitude?
- How does it make you feel when you give and receive gratitude?

## Year 6 - School Prom

A while back we wrote to you in the hope of getting your support to take control of the Year 6 prom. This was done with good intentions. We had children excluded from the event last year due to cost and we wanted to make sure that all children could be involved as much as possible.

We created a prom committee . This is made up of Year 6 children. They have come up with all the ideas.

As with any organising of an event such as this you are not going to please everyone. We will endeavour to make it feel as not like school as possible by decorating the school as much as we can and keep the costs as low as we can.

We have, for the most part, the support from you as our parents. However, it has been brought to Mr Redgrave's attention that some of you do not wish for your children to have a prom like this. You are more than entitled to your opinion.

He has seen the messages written about the plans for the prom—plans which have been made by the children. Some of the comments are not very nice. No one has contacted Mr Redgrave at the school about their views—except those who are in support of it.

There is absolutely no barrier to you hosting your own if this is what you wish to do. The only thing we ask is that you do not host it on the same day as the official school one.

The cost will remain the same for ours regardless of who attends.

# Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

## PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

## ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

## AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

## DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary: emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

18  
CENSORED

## Meet Our Expert

Daniel Lipscombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.



## FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

## ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

## TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

## BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

Source: <https://hipal.app/about/privacy.html>