



Ysgol Esgob Morgan Church in Wales School

Gyda 'n Gilydd Anelwn Yn Uchel / Together, We Aim High



Friday, 24 May 2024



Dear Parents and Guardians

Welcome back! I hope you all had a wonderful half term. We are soon back into the swing of things,

We have welcomed 2 new families into our School family this week—with another 2 on the way! This is fabulous to see so many faces in the school. The reality is the more pupils we have the more budget we have! In this current climate we may need to look at being creative with how we do our classes. Traditionally, we have always had single age classes—this may not be sustainable in the future. It very much depends on the squeeze on funding for schools. I will, as ever, keep you informed.

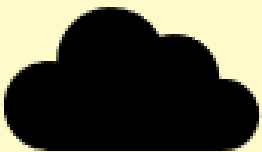
Have a wonderful weekend

Mr Redgrave

Weather



As we hit our summer the weather is as unpredictable as ever! Please do make sure that you provide your children with the appropriate clothing for the day! Sun cream is a really good idea too if you could!



“You can’t argue people out of amygdala-based emotions. You can’t lead them out of shame with logic. You can only change emotion with emotion.”

Dr Leslie Greenberg



Fruit and veg Tuck—Get one of your 5 a day! On Sale Every Day—get your children to look at the menu board to see what's on!



Cornel Gymraeg



Cwestiwn yr Wythnos

Cofiwch adael eich atebion ar dudalen Facebook neu ar X (Twitter) i'n cwestiwn nesaf!

Pob lwc hefo'r cwestiwn nesaf!

Who are the 2 Hollywood A-Listers who own Wrexham Football Club?

Gwasanaeth / Service

Cawsom wasanaeth ar ddechrau'r wythnos i longyfarch criw grŵp llefaru am gystadlu dros yr hanner tymor. Sganiwch y cod QR i sb'io ar glip o ddysgw'r Cymraeg sydd wedi ennill o ysgol yn y De.

Y neges ydi... Defnyddiwch bob gair a fedrwn chi mewn sgwrs!

We had a service at the beginning of the week to congratulate the learners who represented the school in the group poem. Scan the QR Code to watch a Welsh learner who has won from another school in the south.

The message is ... Use every word you can in a conversation! Give it a go!



Eisteddfod yr Urdd

Cafodd y plant profiad gwych yn cystadlu yn erbyn 19 o ysgolion eraill. Da iawn chi wir, a diolch am gynrychioli'r ysgol drwy Gymru! Rydych wedi rhoi Llanelwy ar y map!

The learners had an amazing experience competing against 19 other schools. Well done, and thank you for representing the school across Wales. You really have put Llanelwy on the map!

Hoffi dawnsio? Like dancing?



Take a look at some of our learners enjoying themselves on the Maes in the Eisteddfod!

Patrwm iaith yr Wythnos



Beth wyt ti'n hoffi fwyta?
What do you like to eat?
Dwi'n hoffi ... and dw i ddim yn hoffi... I like ... but I don't like....

Geiriau'r Wythnos
creision / crisps
caws / cheese

Dyddiau'r Wythnos

d i d y a e ch b d dd y d
s y y a dd f a g y s e y
dd s dd s b ng ch r dd i ch dd
e r ll g m ll m i m ll y s
ch g u o w e dd m e y dd a
n ng n f ng e m g r s ll d
dd a m dd i e n w ch s e w
r ch b r w ll i e e g ch r
e f d y dd m a w r th w n
i ll y i ng a e a f g e ch
e ch b u a i dd y d b n f
n a n e l u s dd y d w e

Dydd Llun
Dydd Mawrth
Dydd Mercher
Dydd Iau

Dydd Gwener
Dydd Sadwrn
Dydd Sul



Prepare *your child* for Secondary School



1

Promote Independence



- Secondary school will demand a greater sense of independence from your child than they are used to, so encouraging self-reliance is important
- Once school starts, try developing independent organisation by listing what is needed for each day
- Get them into the habit of completing homework, checking their school planner and preparing their own uniform, equipment and bag each evening
- Show your child that you trust them to manage and organise themselves on their own

2

Get Prepared



- Preparation will help build their own skills and confidence
- Be aware of the school policies on things like uniform, jewellery, hairstyles, piercings and mobile phones
- Find out how the canteen and payment system at the school work and talk this through with your child
- Plan what will happen on the first day and any scenarios they may encounter e.g. getting lost, making new friends
- Ensure that all paperwork is completed and that important upcoming dates have been noted

3

Show Positivity



- Many parents and carers feel anxious when their child starts a new school, but try to stay cheerful and optimistic
- Acknowledge any anxiety your child may be feeling and point out that those feelings are normal
- Encourage them to join clubs and become involved in school life. This can be a good way to make friends with pupils in other forms and year groups

4

Be Organised



- Try to get organised over the summer rather than leaving it to the last minute, which can be stressful for both parent and child
- Purchase the correct uniform, get a haircut and buy new stationery
- Secondary students often travel independently for the first time. Do some trial runs - first with you, then perhaps solo or with a friend
- Work out the first day plan. Your child may prefer to go with you to start, or to meet a friend
- Discuss the timetable together and what lessons they have
- Make lists of equipment they will need for each lesson

5

Get Familiarised



- Find out when the school is offering Year 6 transition days
- Purchase a school map to share the layout of the school with your child
- Arrange extra familiarisation days if your child is vulnerable or anxious
- Arrange to meet the SENCO and support staff and look around in a quieter environment
- Look at the school's website with your child
- Take note of any key dates and events

6

Share & Communicate



- If your child has SEND or anxiety, ensure the school is aware
- Check your primary school has shared paperwork and spoken with the new school, so they are aware of your child's needs
- Request a meeting with secondary staff, to discuss support, particularly if your child has an education, health and care plan (EHCP)
- Familiarise yourself with the school's SEN policy (on the website)

7

Keep Talking



- Remember to communicate regularly with your child and discuss their concerns openly
- Speak with your child about the expectations of secondary school
- Talk to them about how they coped with changes and transitions in the past
- Mealtimes or bedtimes can be a good time to discuss what has happened during the day and find out how they are feeling in a relaxed way
- Stay actively engaged in your child's school life. Attend school events, read newsletters and stay in touch with the school community to better support your child
- Ask friends or siblings to talk with your child about their new school

Silly School Education



Clubs for week beginning the 10th June.

Monday - Rugby

**Quirky Crafts for Years 5 and 6.
Entrepreneur Club Year 3, 4 and 5**

Both of these clubs will be moving to lunch times—TBA

Thurs—Jewellery Club—Years 5 and 6 final week - 50p for materials—they keep what they make.

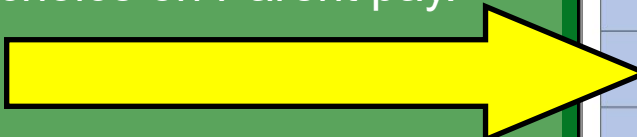
North Wales Education Awards 2024

LAST CHANCE!

<https://bit.ly/yemawards24>



Week beginning 10th of June is Week 2. Have a look through the week and see what your child (ren) would like to eat for the week and pop their choice on Parent pay.



Please do look too as we are having quite a few children refusing to eat as they don't like what is on offer or the choice. We do our best to let you know if they are not eating their lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
WK 1 Main Meal	Pork Meatballs in a Homemade Mediterranean Sauce with Pasta and Home Baked Garlic Bread	Savoury Welsh Minced Beef Hot Pot with Cheddar Glaze and Country Style Vegetables	Baked Breaded Fish Cake with Creamed Potatoes Baked Beans or Peas	Roast Fillet of Turkey, Savoury Stuffing and Gravy Roast Potatoes and Vegetable Selection	Chicken Fillet with Chipped Potatoes Fresh Mixed Salad and Homemade Coleslaw
Choice	Mediterranean Vegetable Pasta Bake Glazed with a Cheddar Topping	Savoury Quorn Mince, topped with Sauté Potatoes and Cheddar Cheese	Vegetable Bites with Creamed Potatoes and Baked Beans	Baked Quorn Sausage, Savoury Stuffing and Gravy	Quesadilla filled with Cheddar Cheese and Tomatoes
Sweet	Dairy Ice Cream with Fruit Wedges	Rice Krispy Chocolate Bar	Steamed Apple Sponge with Vanilla Custard	Jelly with Fruit	Homemade Granola Style Cereal Bar
WK 2 Main Meal	Baked Breaded Fish Cake with Oven Baked Seasoned Wedges Garden Peas and Sweetcorn	Welsh Beef Bolognaise with Pasta Garden Peas and Home Baked Bread	BBQ Chicken with a Sticky Sauce and Savoury Vegetable Rice	Roast Loin of Pork with Traditional Apple Sauce and Gravy, Roast Potatoes and Vegetable Selection	Oven Baked Pork Sausage with Chipped Potatoes and Baked Beans
Choice	Breaded Vegetable Nuggets	Minced Quorn Bolognaise	Vegetable Burritos	Savoury Quorn Mince, topped with Potatoes and Vegetable Selection	Oven Baked Quorn Sausage
Sweet	Fruit Wedges with Yoghurt	Chocolate Crunch Cake	Fruit and Oaty Crumble with Vanilla Custard	Hand Baked Shortbread Biscuit	Homemade Chocolate Fudge Coated Cake
WK 3 Main Meal	Ham and Macaroni Cheese Bake with Homemade Herby Tomato Bread	Midday Brunch with Potato Waffle and Baked Beans	Chicken Dish of the World with Boiled Rice or Noodles and Naan Bread Fingers	Roast fillet of Chicken with Herb Stuffing and Gravy, Creamed Potatoes and Vegetable Selection	Breaded Fish Fingers with Chipped Potatoes and Mushy Peas
Choice	Macaroni Cheese Bake	Vegetarian Midday Brunch	Vegetable Dish of the World	Baked Quorn Burger with Herb Stuffing and Gravy	Breaded Vegetable Nuggets
Sweet	Fruit Wedges with Yoghurt	Caramel Cornflake Cake	Homemade Saucy Chocolate Pudding	Cranberry Scrunch Slice with Apple Wedges	Lemon Drizzle and Blueberry Muffin

BREAKFAST CLUB—Every Day from 7:50 to 8:45

To help with child care and punctuality we have a Breakfast Club which is only 50p a day. No need to book—just drop your child (ren) off.

Food and Fun Club

We have run a very successful food and fun club for the last few years. It is well attended by over 40 children and is very much enjoyed by all.

Sadly we will be unable to run this club this year.

We are due to have extensive internal work done on our ceilings. This will be in the main hall and the areas by all major entrances and exits. We have tried to find a solution to hold it in the school but we do not feel that it is, in the interest of health and safety, a viable option this year.

Little Lambs will still be running their holiday club as they do not use the main school building—but I would suggest booking early as spaces will be extremely limited!

We are sorry for any inconvenience caused.

Quirky Crafts

The Quirky Crafts team have been very busy designing and creating their own cards to sell. We have also created our own water bottles which are reusable!

With the weather getting warmer, would you like your own personalised water bottle? Got an occasion coming up and you need a card making? Have you got your Father's Day card ready?



Water Bottle: £3

Card: £1.50

If you would like to order anything, please let the school know and the Quirky Craft team will get straight onto it.



What Parents & Carers Need to Know about

SPOTIFY

Spotify is a digital music, podcast and video service which gives users access to millions of songs and other content from creators all over the world. Since launching in 2008, Spotify has revolutionised the way music is listened to: it now offers the ability to manage and share more than 100 million tracks and five million podcast series, plus personalised recommendations, new release updates and the option to create collaborative playlists. As of February 2023, it is the world's most popular audio streaming subscription service with 489 million users globally.

WHAT ARE THE RISKS?

EXPLICIT LYRICS

As per Spotify's terms and conditions, people need to be at least 13 to use it. That said, the platform doesn't censor lyrics unless instructed to do so in the settings – so it's worth noting that young teenagers could still be exposed to age-inappropriate songs which contain explicit references to sexual behaviour, violence, discriminatory language and swearing.

GROOMING TACTICS

Although Spotify doesn't come with dedicated chat functionality, concerns were raised in January 2023 after reports of an 11-year-old girl being coerced into sharing explicit pictures of herself on the platform. The case highlighted predators' tactics of sharing empty playlists with other users: their messages were being exchanged undetected through edited song titles and descriptions, bypassing security measures.

OVERSHARING

Spotify provides a perfect way to play music, with the ability to connect to another device, such as a Bluetooth speaker or an in-car stereo. While this is a useful feature, it's also easy to forget your surroundings and inadvertently play content which isn't appropriate for all listeners (especially those under the age of 18), potentially causing alarm or distress.

AGE-INAPPROPRIATE PODCASTS

Spotify's podcast community has grown exponentially and it's become a popular base for millions of users to listen to shows, stories, interviews and more – with content covering an array of topics. This includes some material which isn't suitable for minors, including audio which is obviously adult-themed, but can be just as easily accessed as everything else.

ACCESS TO SPOTIFY LIVE

If your child has a Spotify account, they'll also be able to access the platform's audio-only chat service: Spotify Live. While it's a separate stand-alone app, Spotify Live allows people to listen to live discussions on the main Spotify platform and, more notably, lets users enter virtual rooms to chat with other users, opening up direct conversations with strangers and individuals who might not necessarily be there for the right reasons.

Advice for Parents & Carers

SWAP TO SPOTIFY KIDS

If you're concerned about what your child might hear while streaming music, Spotify Kids is a separate, ad-free service specifically designed for children aged 12 and under. It allows younger users to enjoy human-curated, child-friendly content (such as music and audiobooks) and is available to users with a Spotify Premium Family subscription – meaning that parents can view and manage the content their child listens to.

CENSOR EXPLICIT CONTENT

Regardless of what type of account your child uses to access Spotify, there is an option to turn off explicit content in the settings – greying out all songs marked with an 'E' tag. If your child has their own individual account, it's easier for them to turn it back on – whereas with a family plan, you're in control and your child can't alter the setting without knowing the password.



TALK ABOUT THE RISKS

As with any platform, it's good practice to talk to your child about what they should be aware of when using Spotify. For instance, it's important they're aware never to share any personal information with strangers, and what they should do if they're exposed to inappropriate content. Encourage them to think critically about what they see and hear so that they feel comfortable raising any concerns with you.

KEEP AN EYE OUT

If you're concerned that your child is spending too much time on Spotify or you've noticed they're being particularly secretive about how they're using it, encourage them to talk about what they're listening to. It's always prudent to show an interest in their online habits from the outset – so you're confident they're using apps and services in the right way, for the right reasons, and they're not being drawn into anything they shouldn't be.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



National Online Safety®

#WakeUpWednesday

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