



Ysgol Esgob Morgan Church in Wales School

Gyda 'n Gilydd Anelwn Yn Uchel / Together, We Aim High



Friday, 27th September 2024



Dear Parents and Guardians

This week our year 6 learned about being safe on the roads in their Bikeability sessions. They learned about the need to wear a helmet! Hopefully the message is clear and that we see our young people being safe on their bikes on the journeys to and from school.

Our Year 5 and 6 pupils showed their exemplary attitude and behaviour as we attended the URDD football tournament. Our two teams competed well with Team Morgan losing two nil to a very strong Twm o'r Nant side in the quarter final.

Its really nice to see more girls attending sports clubs—especially Netball and Hockey. Had a great suggestion from one of our Year 4 girls who would like safer spaces for girls to try out sports that may typically be viewed as male sports. We will work on this immediately.

Have a great weekend. Mr Redgrave



Change Warz!

Change Warz was a huge success! It created a real buzz around the school. Every class was able to grow their class fund with £209.81 raised between the classes and the PTFA. Year 4 was the winner of a popcorn party!

- Year 3 £18.03—£3 Sabotage
- Year 4 £87.91—£15 Sabotage
- Year 5 £16.50—£15 Sabotage
- Year 6 £32.76—£6 Sabotage

Year 6—Leavers Hoodies

We are doing it a little different this year. We have seen lots of schools do this—you can order your child's leavers hoodie now. That way they can wear it over the year! Here is the link—

<https://bit.ly/yem6hoodie2425>

Cornel Gymraeg



Ffaith yr Wythnos

Fact of the Week

Did you know Wales is the home to the fastest zipline in the world?

Do you know where it is ?

Patrwm iaith yr
Wythnos

Sut mae'r tywydd
heddiw?
What is the weather like
today?

Mae hi'n Ac mae
hi'n.....
It is..... And it is

Geiriau'r Wythnos

Stormus- Stormy
Niwlog-Foggy
Braf- Fine
Wyntog- Windy
Bwrw glaw- Raining

Cyfarfod y Criw Cymraeg

This week our Criw Cymraeg met for the first time ! Lots of great ideas to showcase and improve the use of Welsh in our school. We look forward to sharing this with you



Ymuna Heddiw

Join today! URDD membership is now open. Pupils were very excited to hear all the opportunities they can get involved within the URDD this year. Letters have been sent home with your child.

FREE URDD Magazine

URDD are now giving away a free magazine sent directly to your inbox.

<https://www.urdd.cymru/en/magazines/>

Trauma Informed Schools

For those of you who are new to our school let us tell you a bit about Trauma Informed Schools. A trauma informed school is one that is able to support children and teenagers who suffer with trauma or mental health problems and whose troubled behaviour acts as a barrier to learning. Public health studies that have shown that when children who have suffered several painful life experiences, **are unhelped**, there is a very high chance of them going on to suffer severe mental and physical ill-health.

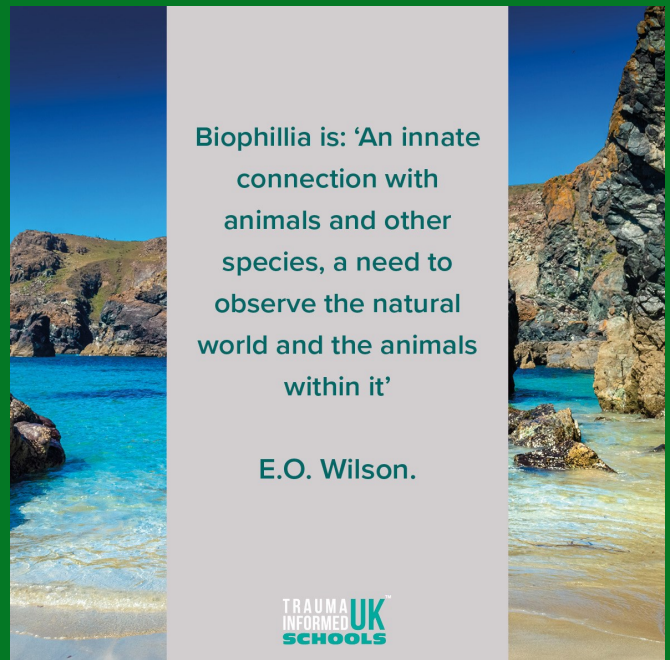
We have 3 of our staff who have taken the 10 day Diploma course on this, with one having the 2 day senior leaders course and one more half way through completing the 10 day course.

The approach is rooted in research. It works. We will hold an information session in the new term to talk more about what this means.

We hope this goes some way to explain our approach with our children. We never do nothing. We don't ignore negative behaviour.

Firm on the boundary. Gentle on the child.

**TRAUMA
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Biophilia is: 'An innate connection with animals and other species, a need to observe the natural world and the animals within it'

E.O. Wilson.

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“Labels inform our expectations; when you meet young people with complex language around them you can start to think you can't help. By being a safe adult, you can.”

Luke Rodgers

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**TRAUMA
INFORMED UK
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BREAKFAST CLUB—Every Day from 7:50 to 8:45

To help with child care and punctuality we have a Breakfast Club which is only 50p a day. No need to book—just drop your child (ren) off.

Fruit Tuck—Get one of your 5 a day for just 20p! On Sale Every



My Happy Mind—We have been Learning...

We continue to work through the first module - 'Meet Your Brain' in the myHappyMind programme.

We are learning: The different parts of our brain and how they help us. How to use Happy Breathing to help us when we feel sad, stressed or worried. What happens in our brain when we learn something new and how we can look after our brain.



Clubs for week 23rd September 2024

Monday

- Netball (Years 5 and 6)

Wednesday

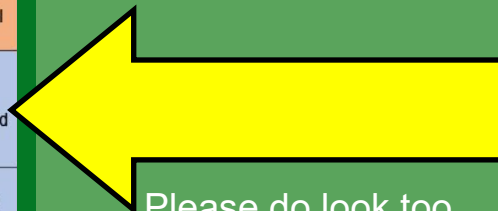
- Football (Years 5 and 6)

Thursday

- Jewellery club (Year 4 for 2 more week, other year groups to follow)
- Hockey (All year groups)
- Come and Cook (See details in previous newsletter—you must book on!)

	Monday	Tuesday	Wednesday	Thursday	Friday
WK 1 Main Meal	Pork Meatballs in a Homemade Mediterranean Sauce with Pasta and Home Baked Garlic Bread	Savoury Welsh Minced Beef Hot Pot with Cheddar Glaze and Country Style Vegetables	Baked Breaded Fish Cake with Creamed Potatoes Baked Beans or Peas	Roast Fillet of Turkey, Savoury Stuffing and Gravy Roast Potatoes and Vegetable Selection	Chicken Fillet with Chipped Potatoes Fresh Mixed Salad and Homemade Coleslaw
Choice	Mediterranean Vegetable Pasta Bake Glazed with a Cheddar Topping	Savoury Quorn Mince, topped with Sauté Potatoes and Cheddar Cheese	Vegetable Bites with Creamed Potatoes and Baked Beans	Baked Quorn Sausage, Savoury Stuffing and Gravy	Quesadilla filled with Cheddar Cheese and Tomatoes
Sweet	Dairy Ice Cream with Fruit Wedges	Rice Krispy Chocolate Bar	Steamed Apple Sponge with Vanilla Custard	Jelly with Fruit	Homemade Granola Style Cereal Bar
WK 2 Main Meal	Baked Breaded Fish Cake with Oven Baked Seasoned Wedges Garden Peas and Sweetcorn	Welsh Beef Bolognaise with Pasta Garden Peas and Home Baked Bread	BBQ Chicken with a Sticky Sauce and Savoury Vegetable Rice	Roast Loins of Pork with Traditional Apple Sauce and Gravy, Roast Potatoes and Vegetable Selection	Oven Baked Pork Sausage with Chipped Potatoes and Baked Beans
Choice	Breaded Vegetable Nuggets	Minced Quorn Bolognaise	Vegetable Burritos	Savoury Quorn Mince, topped with Potatoes and Vegetable Selection	Oven Baked Quorn Sausage
Sweet	Fruit Wedges with Yoghurt	Chocolate Crunch Cake	Fruit and Oaty Crumble with Vanilla Custard	Hand Baked Shortbread Biscuit	Homemade Chocolate Fudge Coated Cake
WK 3 Main Meal	Ham and Macaroni Cheese Bake with Homemade Herby Tomato Bread	Midday Brunch with Potato Waffle and Baked Beans	Chicken Dish of the World with Boiled Rice or Noodles and Naan Bread Fingers	Roast fillet of Chicken with Herb Stuffing and Gravy, Creamed Potatoes and Vegetable Selection	Breaded Fish Fingers with Chipped Potatoes and Mushy Peas
Choice	Macaroni Cheese Bake	Vegetarian Midday Brunch	Vegetable Dish of the World	Baked Quorn Burger with Herb Stuffing and Gravy	Breaded Vegetable Nuggets
Sweet	Fruit Wedges with Yoghurt	Caramel Cornflake Cake	Homemade Saucy Chocolate Pudding	Cranberry Scrunch Slice with Apple Wedges	Lemon Drizzle and Blueberry Muffin

Week beginning 30th Sept is Week 2. Have a look through the week and see what your child (ren) would like to eat for the week and pop their choice on Parent pay.



Please do look too as we are still having quite a few children refusing to eat as they don't like what is on offer or the choice. We do our best to let you know if they are not eating their lunch.

Dates for the Diary—all on our Calendar online as well as the school app.

Sept

26th—Open the Book

30th—Health and Wellbeing Week.

Oct

1st—Black History Month begins

2nd—Cross Country Denbighshire Final

3rd—Harvest Service in the Cathedral from 10:30am

4th—Flu Vaccine in school (please ensure all forms sent back)

8th—Steve Skidmore (Patron of Reading) visit

10th—Cog Urdd after school

11th—PTFA Paint Night

14th and 15th—Parents Evening

18th—Show Racism the Red Card Wear Red to School (£1 donation)

23rd—Monster's Ball (straight after school)

25th—Sponsored Walk. School closes for half term (reopens Mon 4th Nov)

Yr	Late this week %	Attendance this half term %	Attendance this week %	Attendance Year To date%
3	1.1	89.9	91.8	89.9
4	1.1	96.6	93.9	96.6
5	0.7	95.2	94.6	95.2
6	2.0	94.2	92.7	94.2
Totals	1.2	94.5	93.4	94.5

Attendance and Punctuality

It has been a long time since we have seen so much green on our attendance chart! We are so close to our whole school target of 95%! This is a great effort and a great start to the year. Please can you get your children to school on time—or make use of our Breakfast club.

A couple of our learners are slipping back into the habit of being regular poor attenders. These will be discussed with Mr Redgrave and the Parents or Guardians to see how we can help. Regular time off is indicative of something. If we can't help as a school we will happily refer to our colleagues in the Educational Social Work team or the School Nurse service. We want them to be here in school as much as they can. Regular non attendance is a huge concern for us at school and a picture is forming now we are half way through this half term.



PTFA
UPCOMING EVENTS

2024

September
13TH - FAMILY NIGHT
20TH - NIGHT

October
11TH - PAINT NIGHT
23RD - MONSTERS BALL

November
8TH - PAINT NIGHT
27TH - HOT POT AND QUIZ NIGHT

December
7TH - COMMUNITY CHRISTMAS MARKET
13TH - PAINT NIGHT

2025

January
17TH - PAINT NIGHT

February
7TH - PAINT NIGHT
13TH-19TH - BOOK FAIR
19TH - CHILLI COOKOFF

March
4TH - PANCAKE DAY
7TH - PAINT NIGHT
14TH - PI DAY
22ND - COLOUR RUN

April
4TH - PAINT NIGHT

May
16TH - PAINT NIGHT
21ST - SPRING FLING DISCO

June
6TH - PAINT NIGHT
13TH - WINE TASTING
28TH - SUMMER FETE

July
4TH - FAMILY PICNIC EVENING
11TH - PAINT NIGHT



COME AND JOIN US

PIZZA WORKSHOP

Pizza making class for you
and your child.

Year  5th Sep  ber

Year 4- 2nd October

Year 5- 9th October

Year 6- 16th October

3:15- 4:15pm

BOOK YOUR PLACE
NOW LINK SENT VIA
TEXT, FACEBOOK AND X
(formally Twitter)

