



# Ysgol Esgob Morgan Church in Wales School

Gyda 'n Gilydd Anelwn Yn Uchel / Together, We Aim High



Friday, 4th October 2024



## Dear Parents and Guardians

This week has been one of those weeks where I am reminded of why we do this job. It is do easy for me, as the Head, to get bogged down in the worry of budgets and the future but this week I had the privilege to watch our school perform alongside St Asaph VP in the Cathedral for the Harvest Service. As I said on the day, I am incredibly grateful to be Head of this school, especially when watching the children perform so well. I really loved it when I saw the school performing the moves they remembered from their time at St Asaph VP too. Simply wonderful.



Please enjoy seeing some of the things we have been up to around the school in this newsletter and be sure to check our social media for more, as well as our website. The termly plans we shared with you on the meet and greet days are on there in the class pages. Lots more exciting content to come!

Have a great weekend. Mr Redgrave

## JOIN US—GOVERNOR VACANCY

Following on from Becky Williams stepping down from her role as Parent Governor (thank you for your contributions Becky) we are excited to announce a Parent Governor vacancy at our school! This is a fantastic opportunity to play an essential role in shaping the educational journey of our children and making a positive impact in our school community.

As a Parent Governor, you will work closely with the school's leadership team, contribute to important decisions, and represent the views and interests of all parents. Your involvement can help ensure that our school continually strives for excellence in learning and wellbeing.

### What We're Looking For:

- Passionate individuals who care about the education and welfare of our children.
- A willingness to collaborate and engage with teachers, staff, and fellow governors.
- Ability to commit time to attend meetings and contribute actively.

If you are interested in this rewarding role or would like to know more, please visit <https://bit.ly/yemgov24>  
The deadline for applications is October 25th.

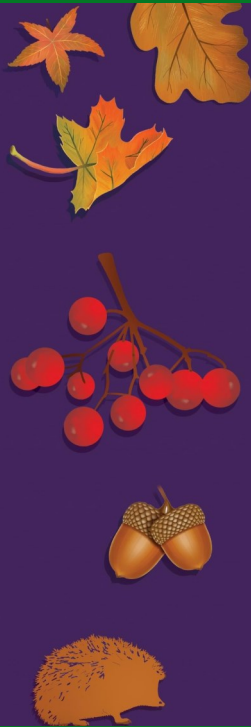
Let's work together to make our school the best it can be for our children!

# Cornel Gymraeg



## Geiriau'r hydref Autumn words

dail	leaves
mes	acorns
lliwgar	colourful
aeron	berries
draenog	hedgehog



dysaucymraeg.cymru  
learnwelsh.cymru



Llywodraeth Cymru  
Welsh Government



Dysgu  
Learn

## COGURDD a POBURDD

This year the URDD has introduced baking as well as cooking to the list of competitions. Pupils who have shown an interest should have had a letter this week to take part



The cooking competition will be held after school on 10th October, pupils will need to bring all ingredients to school on that day we can provide equipment they may need. Get creative with your presentation!

Baking- If you wish to take part in the baking competition this is to be done at home and the muffins to be sent into school on the 10th October for judging.

Pob lwc pawb.

## Patrwm iaith yr Wythnos

Sut mae'r tywydd heddiw?  
What is the weather like today?

Mae hi'n .... Ac mae hi'n.....  
It is..... And it is .....

## Geiriau'r Wythnos

Stormus- Stormy  
Niwlog-Foggy  
Braf- Fine  
Wyntog- Windy  
Bwrw glaw- Raining

## Pob Lwc Amy!

One of our former pupils (and Miss Martin's sister!) is representing Wales. She is competing in the Commonwealth Powerlifting Championships in South Africa. All the best Amy—very proud of you!



# PLEASE NOTE CHANGE OF DATE

We have merged the Years 5 and 6 cooking dates together.

COME AND JOIN US

## PIZZA WORKSHOP

Pizza making class for you  
and your child.

Year 5 & 6 9th October  
3:15- 4:15pm

BOOK YOUR PLACE  
NOW LINK SENT VIA  
TEXT, FACEBOOK AND X  
(formally Twitter)

Fruit Tuck—Get one of your 5  
a day for just 20p! On  
Sale Every Day



BREAKFAST CLUB—Every Day from 7:50  
to 8:45

To help with child care and punctuality we  
have a Breakfast Club which is only 50p a day.  
No need to book—just drop your child (ren) off.

## My Happy Mind—we have been learning...

We continue to work through the first module - 'Meet Your Brain' in the myHappyMind programme.

We are learning: The different parts of our brain and how they help us. How to use Happy Breathing to help us when we feel sad, stressed or worried. What happens in our brain when we learn something new and how we can look after our brain.



# Clubs for Week 23rd September 2024

## Monday

- Netball (Years 5 and 6)

## Wednesday

- Football (Years 5 and 6)

## Thursday

- Jewellery club (Year 5 for 2 weeks- other year groups to follow)
- Hockey (All year groups)
- Come and Cook (See details in previous newsletter—you must book on!)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WK 1 Main Meal</b>	Pork Meatballs in a Homemade Mediterranean Sauce with Pasta and Home Baked Garlic Bread	Savoury Welsh Minced Beef Hot Pot with Cheddar Glaze and Country Style Vegetables	Baked Breaded Fish Cake with Creamed Potatoes Baked Beans or Peas	Roast Fillet of Turkey, Savoury Stuffing and Gravy Roast Potatoes and Vegetable Selection	Chicken Fillet with Chipped Potatoes Fresh Mixed Salad and Homemade Coleslaw
<b>Choice</b>	Mediterranean Vegetable Pasta Bake Glazed with a Cheddar Topping	Savoury Quorn Mince, topped with Sauté Potatoes and Cheddar Cheese	Vegetable Bites with Creamed Potatoes and Baked Beans	Baked Quorn Sausage, Savoury Stuffing and Gravy	Quesadilla filled with Cheddar Cheese and Tomatoes
<b>Sweet</b>	Dairy Ice Cream with Fruit Wedges	Rice Krispy Chocolate Bar	Steamed Apple Sponge with Vanilla Custard	Jelly with Fruit	Homemade Granola Style Cereal Bar
<b>WK 2 Main Meal</b>	Baked Breaded Fish Cake with Oven Baked Seasoned Wedges Garden Peas and Sweetcorn	Welsh Beef Bolognaise with Pasta Garden Peas and Home Baked Bread	BBQ Chicken with a Sticky Sauce and Savoury Vegetable Rice	Roast Loin of Pork with Traditional Apple Sauce and Gravy, Roast Potatoes and Vegetable Selection	Oven Baked Pork Sausage with Chipped Potatoes and Baked Beans
<b>Choice</b>	Breaded Vegetable Nuggets	Minced Quorn Bolognaise	Vegetable Burritos	Savoury Quorn Mince, topped with Potatoes and Vegetable Selection	Oven Baked Quorn Sausage
<b>Sweet</b>	Fruit Wedges with Yoghurt	Chocolate Crunch Cake	Fruit and Oaty Crumble with Vanilla Custard	Hand Baked Shortbread Biscuit	Homemade Chocolate Fudge Coated Cake
<b>WK 3 Main Meal</b>	Ham and Macaroni Cheese Bake with Homemade Herby Tomato Bread	Midday Brunch with Potato Waffle and Baked Beans	Chicken Dish of the World with Boiled Rice or Noodles and Naan Bread Fingers	Roast fillet of Chicken with Herb Stuffing and Gravy, Creamed Potatoes and Vegetable Selection	Breaded Fish Fingers with Chipped Potatoes and Mushy Peas
<b>Choice</b>	Macaroni Cheese Bake	Vegetarian Midday Brunch	Vegetable Dish of the World	Baked Quorn Burger with Herb Stuffing and Gravy	Breaded Vegetable Nuggets
<b>Sweet</b>	Fruit Wedges with Yoghurt	Caramel Cornflake Cake	Homemade Saucy Chocolate Pudding	Cranberry Scrunch Slice with Apple Wedges	Lemon Drizzle and Blueberry Muffin

Week beginning 7th Sept is Week 3. Have a look through the week and see what your child (ren) would like to eat for the week and pop their choice on Parent pay.

Please do look too as we are still having quite a few children refusing to eat as they don't like what is on offer or the choice. We do our best to let you know if they are not eating their lunch.



Dates for the Diary—all on our Calendar online as well as the school app.

## Oct

- 8th—Steve Skidmore (Patron of Reading) visit
- 9th—International Walk and Roll to School Day
- 10th—Cog Urdd after school
- 11th—PTFA Paint Night (See poster in this newsletter)
- 14th and 15th—Parents Evening. S'mae Day
- 16th—Pupils visit Parish Church
- 17th—Open the Book
- 18th—Show Racism the Red Card Wear Red to School (£1 donation)
- 23rd—Monster's Ball (straight after school)
- 25th—Sponsored Walk. School closes for half term (reopens Mon 4th Nov)

## Nov

- 4th—School Reopens for Pupils
- 14th—Year 5 and 6 Into Film Cinema Visit
- 15th—Non Uniform for Chocolates and Smellies for Quiz Night.

Dosbarth	Late this week %	Attendance this half term %	Attendance this week %	Attendance Year To date%
Alwen	1.0	91.3	97.1	91.3
Brenig	2.4	96.4	95.0	96.4
Moel Famau	0.9	94.1	90.4	94.1
Yr Wyddfa	1.2	94.2	94.0	94.2
Totals	1.3	94.4	93.4	94.4

## Attendance and Punctuality

Dosbarth Alwen had a fantastic week and this has helped move them in to the 90—94.9% category for attendance overall. Dosbarth Moel Famau, however, did not have a great week and this has seen them drop, overall, out of the top category. However, for this first time in a **LONG** time there is no **RED** on our attendance! Thank you so much for your help with this!

We do get to hear things and we really want to stress the importance of communication with us. If your child struggles to perform at the Cathedral then tell us and we can help. It is not worth missing the full day for one service. Thursday was the worst day for attendance this academic year and we suspect it was children being a bit anxious—we want to help with that.

# PUMPKIN CARVING CONTEST

BRING A CARVED PUMPKIN  
TO SCHOOL ON THE DAY



**OCTOBER 23RD**

Carved pumpkins will be entered in the contest  
and displayed during the Monsters Ball

PLEASE WRITE YOUR NAME ON THE BOTTOM  
OF YOUR PUMPKIN

# YOU'RE INVITED TO THE MONSTER'S BALL

WEDNESDAY, OCTOBER 23RD  
3:30-5:00 PM



£5 payable on Parent Pay  
Includes hot dog or pizza and a drink

# Rownd yr Ysgol

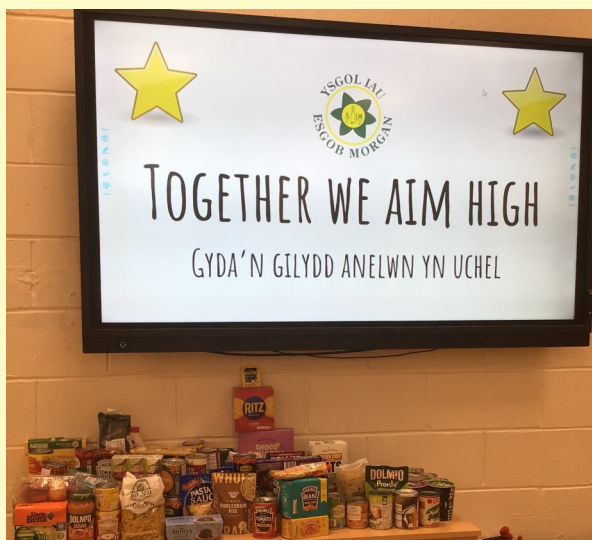


George enjoying the jewellery club.

Our Cross country team representing us so well at the Vale of Clwyd heat. Well done to Osian for finishing 20th in Year 3 and 4 and Bill for finishing 18th in Year 5 and 6. Isla finished 4th in the Year 5 and 6 girls race and is now through to the county final!



Blwyddyn 4 river walk. Taking photos of local nature along the River Elwy as inspiration for our own artwork.



Thank you for your kind donations for Harvest.

We have changed the names of our classes! This allows us greater flexibility to deliver the best for all our children. So we now have....

Dosbarth Alwen—Miss Grindall  
Dosbarth Brenig—Mr Schrimshaw  
Dosbarth Moel Famau—Miss Martin  
Dosbarth Yr Wyddfafa—Mrs Drumm

# Conflict Resolution

Conflict can arise through personal differences between individual pupils, problems which occur outside school life and are brought into school, or from difficulties arising from the breakdown of relationships between individuals or groups of pupils. This guide will provide you with the basic steps you can take to help pupils resolve conflict and develop the necessary skills to deal with difficulties which arise.

## 1. FORMULATE POLICY

When a school has a clear process for conflict resolution which is used by everyone, it helps pupils to learn the skills of dealing with conflict and to know what is expected when it does occur.



## 2. MANAGE EMOTIONS

Before any conflict is to be resolved, pupils need to access their executive functions such as thinking, listening and problem solving. This is not possible when their emotions are in charge. Help them to find the best way of calming down, and support them in this process if necessary.



## 3. ESTABLISH THE FACTS

If pupils can learn skills such as calming down techniques, active listening, debating and problem solving during lessons away from actual conflict, the better they will be able to employ these skills when conflicts do arise and strong emotions run high.



## 4. BUILD EMPATHY

Seek to gain the whole picture of what has happened from all parties so that the different perspectives are understood by all. This involves pupils actively listening to each other.



## 5. IDENTIFY RESPONSIBILITY

Helping pupils learn the skill of conflict resolution takes time, particularly where strong emotions are involved, or pupils have not had good conflict resolution modelled before.



## 6. DISCUSS SOLUTIONS

Share ideas and problem solve. Seek to reach agreement on the most suitable solution or solutions. This may need to be modelled by an adult to begin with.

## 7. BE CONSISTANT & PATIENT

Where appropriate, it is important that pupils take responsibility for their actions and the consequences it has had for those involved. A good prompt for this might be 'Could you have done something differently to change what happened?'



The National College®

This guide is part of The National College staffroom poster series. A collection of information posters for your school staffroom.



Meet the Expert: Anna Bateman  
Anna Bateman, subject matter expert on mental health & wellbeing and school improvement adviser