



Urdd

Your child has shown an interest in taking part in the URDD cooking competition after school on the 10th October. The competition will start at 3:30- 4:15pm

The competition will be judged by one of our school governors and successful pupils will go on to compete in the next round in Rhyl High School on November 29th, during the school day. More details will follow.

You will need to supply all ingredients. Pupils can use equipment we have in school knives, chopping boards etc.

All details are below for the cooking and baking competition. The POBURDD competition requires you to bake the muffins at home and bring them to school for judging, therefore your child can participate in both competitions if they wish. Be creative with your presentation of your dish. We'd love to see pictures of your child practicing posted to Seesaw! Any questions please contact Miss Martin.

Please return the form below by 3rd October to confirm your child's participation.

Child's Name : _____

Year _____

I confirm my child will be participating in the URDD cooking/ baking competition after school on 10th October

I confirm my child is a member of the URDD.

I will ensure they practice at home and will send all ingredients to school on the day.

Signed _____

YEAR 4, 5 AND 6 COGURDD – School Round

Cold Savoury Wrap

- Competitors will be expected to cook a cold savoury wrap for **1 person**
- The wrap can be simple with traditional ingredients or you can be more creative with the flavours
- Ingredients – **you will need to bring your own ingredients to every round.** Do not use nuts in your recipe for any of the rounds
- You're given **45 minutes** to create the wrap with **15 minutes** to prepare beforehand (set your equipment and ingredients on your worktop and weigh ingredients **only**)

Marking Scheme -

- Preparation (using the 15 minutes before the competition to set out the ingredients/equipment and weigh any ingredients only) = 5 marks
- Food preparation / Cooking Skills and Techniques = 10marks
- Organizational skills and time management = 5 marks
- Hygiene and Food Safety = 10 marks
- Finished meal (Taste and Presentation of food on plate) = 20 marks

YR 4, 5 and 6 POBURDD – SCHOOL ROUND

4 sweet muffins

- Competitors will need to present **4 sweet muffins**
- Competitors will be expected to **prepare everything before the competition** and bake the muffins at home. **Competitors will only need to present their completed 4 muffins on the day of the competition**
- Do not use nuts of any sort in your recipes
- Be creative and think outside of the box to make your muffins stand out!

Marking Scheme -

- Preparation (using the 15 minutes before the competition to set out the ingredients/equipment and weigh any ingredients only) = 5 marks
- Food preparation / Cooking Skills and Techniques = 10marks
- Organizational skills and time management = 5 marks
- Hygiene and Food Safety = 10 marks
- Finished meal (Taste and Presentation of food on plate) = 20 marks