



Ysgol Esgob Morgan Church in Wales School

Gyda 'n Gilydd Anelwn Yn Uchel / Together, We Aim High



Friday, 6th December 2024



Dear Parents and Guardians

Another busy week flies by and apologies if this newsletter is briefer than usual.

This term is always the busiest—especially this time of year! We are busy working hard on our Christmas Service. This long held tradition stretches back throughout the history of the school. We have never had to ask who is coming as it has always been a given that pupils come to the school service. I did notice last year that a number of children just didn't turn up. This year we have had children say they're not coming. Now, there maybe reasons of which we are aware—these we know about . There is a lot of work that goes into these services so I am asking you to fill in the form in this newsletter to ascertain who is not coming.

Also, once again, may I remind you that if you wish to discuss anything about the school, whether it with us or between yourselves as parents, you do so with respect and dignity. There have been a few incidents this week I feel could have been handled in a way more in keeping with the friendly nature of our school family.

We enjoyed our Christmas dinner this week and are now planning our big Christmas party! Details to follow. It is likely to be on the last day of term.

Thank you for all your support. Have a great weekend. *Mr Redgrave*

Why December Can Be Tricky in School...



Keeping Calm

We have definitely noticed, this week, particularly with our older learners, that they are letting their standards of behaviour drop below that of which they are able.

We constantly reinforce the idea that we are here to help. We are here to listen. That they are not on their own to deal with whatever issues they have. They seem to want to bottle it up until it all fizzes out either here in school or with you at home.

Please know, though, that we do say this to all our learners. We always will.

Rownd yr Ysgol



Cinio Nadolig

We loved our Christmas lunch cooked for us by Faye this week. It was delicious. We also enjoyed singing along to the Christmas tunes—although I think we scared Mr Redgrave with our rendition of Last Christmas!



Dosbarth Alwen a Brenig

Dosbarth Alwen and Brenig enjoying PE together, whilst performing different coordination drills and practises.



Bili Chillin' in his shades!

Bili enjoying the sunshine whilst on duty this week

Dosbarth Yr Wyddfa

Dosbarth Yr Wyddfa took part in a Homelessness workshop this week led by Denbighshire County Council's Youth Workers. Pupils discussed what homelessness is and looked at the possible causes and prevention. We looked at support systems in place for young people and shared our ideas through discussions and questioning. Thank you to the Youth Workers who came to share their knowledge and experiences and for such a purposeful workshop helping to aid our pupils to become ethical and informed individuals. We look forward to welcoming you back next year.

They have been also learnt about Advent and the meaning of the Advent season. In our monthly trip to the Parish Church our pupils were able to light the first candle on the Advent Wreath and some classes have had fun creating and designing their own wreath back at school.

The four candles of the Advent Wreath represent the four weeks leading up to Christmas in the Christian calendar with the centre candle being lit in on Christmas Day. The candles represent the Christian concepts of hope, peace, joy and love and our pupils will be completing some work on this leading up to Christmas.



YSGOL ESGOB
MORGAN CHOIR
PRESENTS.....

Carols at the Library

ST ASAPH LIBRARY
MONDAY 16TH
DECEMBER
2:15

Free of Charge

CHOIR

If your child is part of the school Choir please look out for a google form link that has been sent to you regarding a couple of performances taking part in the next two weeks - please give consent for your child to attend ASAP.

We will be performing at the library on Monday 16th December at 2.15.

Please come and join us, it would be lovely to see you there!

Christmas Service

12th Dec. 6:30 at The Cathedral.

We will be holding our annual Christmas service on December the 12th at 6:30PM. We will be back in the Cathedral with a mixture of traditional carols and some more modern festive fair.

We have always anticipated everyone's support in this - but times have changed and people's attitudes to services such as this have also changed.

In order for us to get an idea of who might not be coming can you please fill in this form if you know that your child is **NOT** coming to the service. If your child (ren) is / are coming you do not need to fill in this form.

<https://bit.ly/yemnotcoming>

	Monday	Tuesday	Wednesday	Thursday	Friday
WK 1 Main Meal	Pork Meatballs in a Homemade Mediterranean Sauce with Pasta and Home Baked Garlic Bread	Savoury Welsh Minced Beef Hot Pot with Cheddar Glaze and Country Style Vegetables	Baked Breaded Fish Cake with Creamed Potatoes Baked Beans or Peas	Roast Fillet of Turkey, Savoury Stuffing and Gravy Roast Potatoes and Vegetable Selection	Chicken Fillet with Chipped Potatoes Fresh Mixed Salad and Homemade Coleslaw
Choice	Mediterranean Vegetable Pasta Bake Glazed with a Cheddar Topping	Savoury Quorn Mince, topped with Sauté Potatoes and Cheddar Cheese	Vegetable Bites with Creamed Potatoes and Baked Beans	Baked Quorn Sausage, Savoury Stuffing and Gravy	Quesadilla filled with Cheddar Cheese and Tomatoes
Sweet	Dairy Ice Cream with Fruit Wedges	Rice Krispy Chocolate Bar	Steamed Apple Sponge with Vanilla Custard	Jelly with Fruit	Homemade Granola Style Cereal Bar
WK 2 Main Meal	Baked Breaded Fish Cake with Oven Baked Seasoned Wedges Garden Peas and Sweetcorn	Welsh Beef Bolognaise with Pasta Garden Peas and Home Baked Bread	BBQ Chicken with a Sticky Sauce and Savoury Vegetable Rice	Roast Loin of Pork with Traditional Apple Sauce and Gravy, Roast Potatoes and Vegetable Selection	Oven Baked Pork Sausage with Chipped Potatoes and Baked Beans
Choice	Breaded Vegetable Nuggets	Minced Quorn Bolognaise	Vegetable Burritos	Savoury Quorn Mince, topped with Potatoes and Vegetable Selection	Oven Baked Quorn Sausage
Sweet	Fruit Wedges with Yoghurt	Chocolate Crunch Cake	Fruit and Oaty Crumble with Vanilla Custard	Hand Baked Shortbread Biscuit	Homemade Chocolate Fudge Coated
WK 3 Main Meal	Ham and Macaroni Cheese Bake with Homemade Herby Tomato Bread	Midday Brunch with Potato Waffle and Baked Beans	Chicken Dish of the World with Boiled Rice or Noodles and Naan Bread Fingers	Roast fillet of Chicken with Herb Stuffing and Gravy, Creamed Potatoes and Vegetable Selection	Breaded Fish Fillet with Chipped Potatoes Mushy Peas
Choice	Macaroni Cheese Bake	Vegetarian Midday Brunch	Vegetable Dish of the World	Baked Quorn Burger with Herb Stuffing and Gravy	Breaded Vegetable Nuggets
Sweet	Fruit Wedges with Yoghurt	Caramel Cornflake Cake	Homemade Saucy Chocolate Pudding	Cranberry Scrunch Slice with Apple Wedges	Lemon Drizzle and Blueberry Muffins

Week beginning 9th Dec is Week 2. Have a look through the week and see what your child (ren) would like to eat for the week and pop their choice on Parent pay. Please remember that we only have the main meal and smaller choices available. You can see all these on the ParentPay dinner section.

Please do look too as we are still having quite a few children throwing away a lot of food as they don't like what is on offer or the choice. We do our best to let you know if they are not eating their lunch.

Dates for the Diary—all on our calendar online as well as the school app. Please note these date are subject to change.

Dec
9th—School of Sanctuary Week
10th—Choir Singing at Bryn Derwen
12th—Christmas Concert 6:30PM
19th—PARTY! School Closes for Christmas Holidays

SCHOOL REOPENS 7TH JANUARY FOR ALL PUPILS

Clubs for Week 9th Dec 2024

- **Monday** - Dance (Urdd)
- **Tuesday**—Choir (All Year Groups and this will now be held at Lunchtimes)
- **ALL OTHER CLUBS HAVE FINISHED FOR THE TERM**



Paint & Sip

with the PTFA

FRIDAY DECEMBER 13TH

6:15-8:30PM

@Ysgol Esgob
Morgan

TICKETS AVAILABLE ON PARENTPAY

£15 PP



12 Social Media

Online Safety Tips

FOR CHILDREN WITH NEW DEVICES

With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive and that your social media use overall is responsible, healthy and most of all enjoyable.

1 DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS

Make sure that you set your profile to private so that people you don't know can't find you online. Always tell a trusted adult if a stranger or somebody you don't know sends you a message or a friend request.

2 NEVER SHARE YOUR PERSONAL INFORMATION WITH PEOPLE YOU DON'T KNOW

Keep your personal information personal. Sometime people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.

3 DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE

This could really upset them and could get you into a lot of trouble. Always think twice before posting anything on social media and treat people online as you would in real-life.

4 NEVER SEND NAKED PICTURES OF YOURSELF TO OTHERS

This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.

5 CREATE A POSITIVE ONLINE REPUTATION

Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.

6 LIMIT YOUR SCREEN TIME

Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.

7 BLOCK ONLINE BULLIES

Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.

8 REPORT INAPPROPRIATE CONTENT

If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.

9 ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE

Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain content that isn't safe for you to see.

10 ALWAYS SECURE ALL YOUR SOCIAL MEDIA PROFILES WITH A PASSWORD

This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them.

11 ASK PARENTS TO SET-UP 'PARENTAL CONTROLS' FOR SOCIAL MEDIA

When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.

12 ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY

Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.